

PARAFED CANTERBURY

COVID-19 ALERT LEVEL 1 & 2

SPORTS & PROGRAMMES GUIDELINES

GUIDELINES

2nd June 2020

The health and safety of all ParaFed Canterbury participants (members, coaches, volunteers, spectators and staff) is paramount. With some of our sports and programmes restarting, we have introduced the below guidelines which need to be used in addition to following the advice from the Government and Sport NZ with regards to Play, Active Recreation and Sport during COVID-19 Alert Level 1 & 2. This is a working document and we will continue to be updated as required. For more information visit www.sportnz.org.nz/covid-19

Contact Tracing

- Before attending any of our sports and programmes, members must sign the attached "Return to Sport" form to ParaFed Canterbury confirming their contact details, the contact details of anyone accompanying them, and agree to the outlined conditions.
- Sport and Programme Co-ordinators will take an attendance list at the start of every session for all participants (including parents, siblings, spectators). The attendance list will be sent to ParaFed Canterbury to be added to the Contact Tracing Log.
- Contact Tracing Logs will be given to the Ministry of Health and/or the District Health Board on request in the event that it is required for contact tracing purpose. We will not use it for any other purpose and will destroy this record after eight weeks. Under the Privacy Act 1993 you have a right to access and correct any information we hold about you.

Cleaning and Hygiene

- Everyone must wash and dry their hands before and after each session. ParaFed Canterbury will provide hand sanitizer where hand washing facilities are not available.
- Equipment will be cleaned / sanitised before and after each session. You will be required to clean / sanitise any personal equipment. Where possible, equipment should not be shared within the session.
- ParaFed Canterbury will work with facility providers to ensure that the venue is safe for participants, including ensuring high-touch surfaces are sanitized before and after each session.

Physical Distancing

- Participants must maintain physical distancing where appropriate in sessions.
- Sessions will be adapted, where possible, by ParaFed Canterbury staff and coaches to ensure social distancing is followed.

If Unwell

- If you, or anyone from your household, are sick or unwell, you must stay home and not attend any of our sports or programmes until you have fully recovered.
- Participants must inform ParaFed Canterbury staff if they are unwell, or become unwell, after attending one of our sports or programmes.
- You must not participate in physical activity (or leave home) if you are displaying symptoms of COVID-19, awaiting a test result, or required to self-isolate.

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RETURN TO SPORT FORM

The purpose of this form is to ensure ParaFed Canterbury can trace anyone who has attended our sports or programmes, and ensure that all attendees are clear on the expectations when returning.

Before attending any of our sports and programmes, members must sign this "Return to Sport" form to ParaFed Canterbury confirming their contact details, the contact details of anyone accompanying them, and agree to the conditions outlined in the GUIDELINES and RETURN TO SPORT form.

Please read the below points, sign, and return to ParaFed Canterbury if you agree that:

- You will follow the policies and procedures outlined in the GUIDELINES document, and any additional advice put in place by ParaFed Canterbury, their staff, coaches and / or any facilities being used.
- You will be responsible for cleaning / sanitising any personal equipment used at the sessions.
- If you, or anyone from your household, are sick or unwell, you must stay home and not attend any of our sports or programmes until you have fully recovered.
- Participants must inform ParaFed Canterbury staff if they are unwell, or become unwell, after attending one of our sports or programmes.
- You must not participate in physical activity (or leave home) if you are displaying symptoms of COVID-19, awaiting a test result, or required to self-isolate.

Members Name: _____

Signed: _____

Date: _____

If under 16 years, signed by parent or guardian.

Please list the details of anyone who may attend our sports or programmes with you for the remainder of 2020 (including parents, guardians, siblings, caregivers, grandparents etc...). This information is important as these people do not always have the same contact details as the participant. This can be updated / added too by contacting ParaFed Canterbury.

NAME	EMAIL	PHONE	ADDRESS